

KC Blazers All-Relay Masters Meet, 2010
Hosted by MOVY Masters Swimming and the KC Blazers Masters
Saturday, March 6th, 2010
Sanctioned by Missouri Valley LMSC for USMS, Inc., Sanction #2809-04

Description: This meet features relays of all three courses: SCY, SCM, and LCM. You may pre-organize your relays, or we will assign you to teams. There are no limits to the number of relays you swim.

Location: Roeland Park Aquatic Center. This facility features a multi-course pool. Located at 4843 Rosewood, Roeland Park, KS. From downtown KC, take I-35 south to the Roe Ave./18th St. Expressway exit. Go south on Roe to 50th Terrace and turn right. Go west about 4 blocks to Rosewood. Turn right and head north on Rosewood until it dead-ends at the Roeland Park Community Center. [From the south, go north on Nall to 51st Street. Turn right and go east about 4 blocks to Rosewood. Turn left and head north on Rosewood until it dead-ends at the Roeland Park Community Center.] The pool is east of the Community Center. Pool phone: 913-432-1377.

Time: Check-in: 7:00am, **warm-up:** 7:30am, **meet starts:** 8:15am

Eligibility: You must bring a copy of your 2010 USMS registration card with your meet entry. If you are not currently registered, you may register online at www.MOVYmasters.org. (Wait until September 1st for the end-of-year discount.) Applications for USMS membership will also be available at check-in. No swimmer will be allowed to participate who is not currently a member of USMS.

Rules: The 2010 USMS rules will govern the conduct of the meet. All events will be deck seeded.

Fees: \$15.00 entry fee. Make checks payable to *MOVY Masters Swimming*.

Entries: If you want to be put on relays, just show up willing! If possible, mail or e-mail your preferred strokes, distances, and how often you want to swim (possible 13 times in 3 hours!) to Bill Sherman (movytopten@usms.org) as far before the meet as possible. See the entry form for more information. **Bring your entry form to the meet.** Relays will be organized and seeded at the meet. Swimmers can bring their own, pre-organized relay teams to the meet without having to send an e-mail in advance, though it would be nice to know you are coming.

Timers: We are working on that.

Social: A Masters social will be held at a local restaurant immediately following the meet. Details will be announced at the meet, your suggestions will be welcome.

Meet Directors: Bill Sherman, 816-560-6215 (movytopten@usms.org)

Entry Form ~~ KC Blazers All-Relay Masters Meet 2010

Saturday, March 6th, 2010, 8:15am

Roeland Park Aquatic Center, 4843 Rosewood, Roeland Park, KS, 913-432-1377

Sanctioned by Missouri Valley LMSC for USMS, Inc., #2810-02, 2810-03, 2810-04

Name _____ Birthdate _____

Address _____ Age on 9/12/09 _____ Sex _____

City _____ State _____ Zip _____

Day phone _____ Evening phone _____

E-mail _____

2009 USMS # _____ Workout group/Team _____

Release From Liability: I the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITES. In addition, I agree to abide by and be governed by the rules of USMS.

Date _____ **Signed** _____

- Please bring:**
1. A check for \$15.00 made out to **MOVY Masters Swimming**
 2. A copy of your 2010 USMS registration card (non-MOVY swimmers only). If you are not currently registered, you may fill out a USMS application at the meet.

Questions?

Bill Sherman

Phone: 816-560-6215

E-mail: movyopten@usms.org

Bring this form
to the meet